

UNIVERSITY SPORTS

Information and registration

DEPARTMENT OF SPORTS AND SPORTS SCIENCE



UNIVERSITY SPORTS

Full sports program every semester

KIT's university sport offers its students and employees an equally interesting and varied range of sports activities in the areas of popular and competitive sports. The sports courses are held under professional supervision for different service levels. In the first place there is always the fun in sports as well as a sporting balance to study and work. The offers for mass and competitive sports are equally next to each other and of course the needs of handicapped students in particular dimensions are taken into account.

Detailed information on the sports offered at KIT, personal contacts, office hours and all information about the registration can be found at:

INFORMATIONS AND REGISTRATION ONLINE!
www.hochschulsport.kit.edu



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REGISTRATION

The registration periods are noted on the homepage in each semester.

WALK-IN

Center for Fitness, Health and Diagnostics

Welcome to the *walk-in* fitness center. Here, KIT students and employees find a diversified courses, health-oriented strength training and a small wellness area.

Your possibilities in *walk-in*:

- health-oriented fitness and endurance training on the most modern equipment
- individual training under professional guidance
- Diagnostic possibilities, e.g. body fat analysis, Cholesterol determination, back-check and Pulmonary function test
- Sauna
- Swimming pool
- varied course offer



Detailed information, personal contacts and information on making appointments can be obtained on the Internet at:
www.sport.kit.edu/walk-in