

HochschulsportxBuddyprogramm – Charity Run!

On February 15, the challenge "HochschulsportxBuddyprogramm - We run for a good cause" started. The KIT university sports challenges the international Buddy Program to run 390.9 kilometers - the distance from Karlsruhe to Lausanne to the headquarters of the International Olympic Sports Committee - in 4 weeks. Kilometers were collected via the app Runtastic, which the participants had to use to track their runs. Via this app, all participants could motivate and exchange ideas with each other.

The international Buddy Program mastered this challenge quite easy and even ran the distance there and back in the prescribed time. What an achievement! Thanks to all participants!

On the one hand, the goal of this campaign was to encourage students to do sports in the fresh air even in the current situation. But also the university sports department also donated sports equipment for a good cause, which the Buddy Program was allowed to choose.

With this donation, in addition to the activity-increasing challenge for the participants of the Buddy Program, sports equipment could be given to children and young people.

The **Parzival Jugendhilfe Karlsruhe** received a table tennis table with bats and balls, footballs and basketballs as well as a Wii console, including a balance board and two sports games. The Parzival Jugendhilfe in Birkenhof is beautifully situated on a large property with its own sheep, bees and chickens and plenty of space for outdoor activities. After the employees of the HSP and the Buddy Program were warmly welcomed and shown around the grounds, they naturally couldn't avoid a little round of table tennis with the caregivers and children of the Parzival Jugendhilfe. In order not to exhaust the hygiene and distance regulations, the masks were not taken off even in the open air and the players kept the distance to the children as well as the caregivers.

To sum up: this was a great event that was a lot of fun for everyone involved and will certainly not be the last of its kind! Stay tuned!

More about the International Buddy Program at: <https://www.intl.kit.edu/istudent/10402.php>

or on Instagram [buddyprogramm_kit](#)

More about Parzival Jugendhilfe at: <https://www.parzival-jugendhilfe.de/>