Hygiene concept HSP
What must be observed?

Health condition and prohibition of participation
Participants who have symptoms of a respiratory infection or elevated temperature, or who have had contact with a SARS-CoV-2 infected person is prohibited from entering the athletic facility and is not permitted to participate in the university sports course is not permitted.

Hygiene and distance rules
- Upon entering the athletic facilities, hands must be disinfected at the disinfection stations provided disinfect.
- Physical greeting rituals and high-fives are to be refrained from.
- Whenever possible, the minimum distance of 1.5 m is to be observed.
- Own towels and own beverage bottles are to be brought.
- The sports facility must be left immediately and directly after the end of the booked time slot or course and on the direct way.

Use of sports facilities and courses
- Only registered and eligible persons (indoor under consideration of the 3G-regulation) are allowed to access the sports facilities and to participate in the course operation or to use the sports offer. For individual appointments (individual training, such as basketball court, table tennis, tennis, running track) a binding online registration is also required (all information can be found on the respective page of the offer on our homepage).
- Entry to the sports facility is only permitted with a valid student/employee ID and valid
- Registration confirmation allowed Control by (the course instructor).
- Course activities should be carried out with as little contact as possible.
- Exercise equipment should be thoroughly cleaned or disinfected after each use.
- Showers and changing rooms may be used. Maximum user capacity must be observed.

The janitors have the domiciliary rights, they are authorized to give instructions and their requests are to be obeyed

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