Profile

Application oriented research

Practically oriented research into the implementation and effectiveness of sports, play and movement programs for pre-school age, school children and young adults is carried out in various settings:
1. school sports: e.g. school sport development, development of students personality, posture training
2. athletic ability: e.g. talent recognition and fostering
3. leisure and club sports: e.g. development of offerings, usage, youth culture
4. movement, sport and play at pre school age: e.g. development of everyday motion, movement and learning, prevention programs (e.g. obesity)

Innovation & knowledge transfer

The application of innovative research and its rapid transfer into practice, with appropriate adaptation or recommendations, for various institutions, is a challenging task that is pursued vigorously by the FoSS.
This is clearly demonstrated in the bi-annual “Get children moving – expend energy” congress through the development and use of various motor skill tests, lectures at the “Children’s Uni” project and many joint ventures in the fields of movement and nutrition.

Initial & advanced training and development

In Karlsruhe, the Department of Physical Education and Sports (IfBS) of the University of Education is responsible for training primary school and secondary school teachers in Physical Education, whilst the KIT Institute for Sport and Sports Science (IfSS) provides training in Physical Education for grammar school teachers. The cooperation between the institutes, which also includes non-school related professional fields, is reflected in joint research projects and training programs such as the newly developed (2010/2011) Masters course in “Movement and Sport for Children and Young Adults”.

Target Groups

- teachers
- students
- parents
- educators
- coaches
- trainers
- children
- young adults
- officials
- ministries
- foundations
- health insurance companies
- European Union

Kontakt

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Research Centre for School Sports and the Physical Education of Children and Young Adults

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