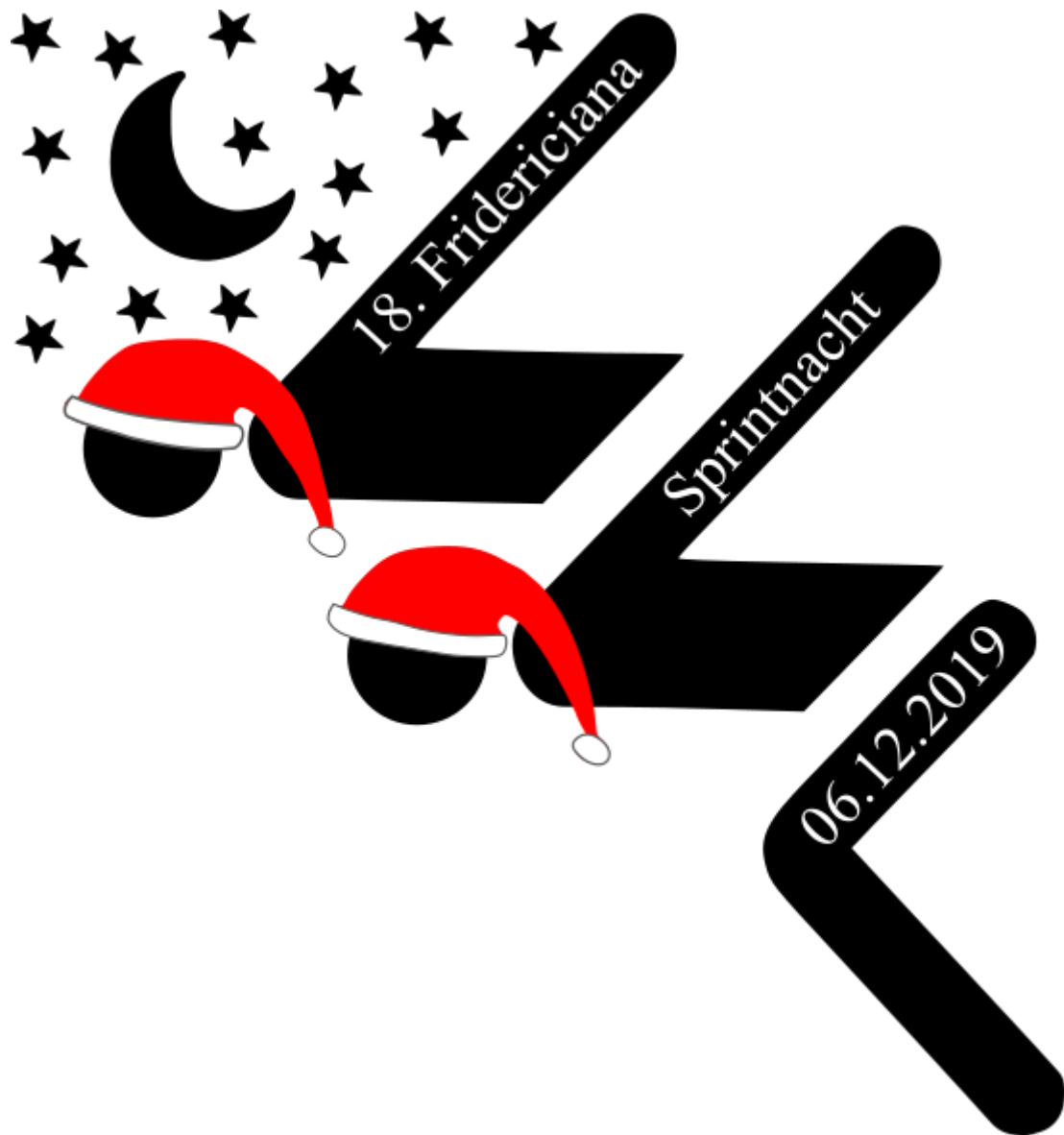


# 18<sup>TH</sup> FRIDERICIANA SPRINTNACHT

KARLSRUHE, GERMANY FRIDAY, 06/12/2019



ENTRIES DEADLINE: MONDAY 25/11/2019

Sponsors of the KIT sport facilities:

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THE SWIM TEAM OF THE  
KARLSRUHE INSTITUTE OF TECHNOLOGY  
WOULD LIKE TO INVITE YOU TO THE  
18<sup>TH</sup> FRIDERICIANA SPRINTNACHT  
ON FRIDAY, THE 06/12/2019!



This year there is going to be a sprint format for the 50m freestyle and 50m backstroke competitions which will consist of preliminaries, quarterfinals, semi-finals and finals. The eight fastest swimmers from the preliminaries qualify for the quarterfinals where two swimmers go on to compete in knockout quarter-, semi- and grand Finals. The winner from each race qualifies for the next round.

There will also be a 100m individual medley final which is for the five best swimmers from the preliminaries.

The 6x50m freestyle and 4x50m individual medley relay (mixed - at least 2 women) will follow the usual competition format. There will be prizes for the winners of each competition.

As your hosts we will be offering sandwiches, pies and beverages during the competition and serving an evening meal after the competition. Believe us - you will need the refreshments for our legendary party afterwards...

We have reserved the gym for you to sleep in, so please remember to bring your sleeping bags and camping mats. We will also provide a breakfast on Saturday morning to mark the end of the event.

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# IMPORTANT INFORMATION FOR...

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## ...REGISTRATION:

For registration please fill out the **registration form completely with all information** and send it to [schwimmen@sport.kit.edu](mailto:schwimmen@sport.kit.edu). The registration form (excel sheet) is attached to the invitation mail and available as download at:

<http://www.sport.kit.edu/schwimmen/english/54.php>

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Deadline for the registration is Mon. 25/11/19! We intend to publish an initial starting list on Tue 26/11/19 which can be found at [www.sprintnacht.de](http://www.sprintnacht.de) (lanes and heats can still change). We kindly ask all participants to check the entries and report any errors by Wed. 27/11/19, so that on Friday 29/11/19 the official (and hopefully free of mistakes) starting list can be published.

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*We ask you to tell us in the registration form the approximate number of portions of chili con carne and chili sin carne (vegetarian) you are going to eat, so we can plan accordingly the catering arrangements.*

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Furthermore we ask you to fill out all information in the registration form i.e. team members, contact person, e-mail, telephone number as well as the number of people requiring accommodation.

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*Only students and staff of universities are allowed to take part at the event.*

With the registration the participant confirms autonomously and automatically that he is a member of a university. The participant bears sole responsibility for that.

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## ...COMPETITION:

It is forbidden to take glass bottles or alcohol into the swimming hall. A violation will result in the disqualification of the whole team!

The award ceremony will take place during the competition.

You will be able to buy vouchers for food and beverages at the cake stall during the competition.

We ask you to leave the swimming hall and changing rooms quickly after the competition, and to take all your belongings with you because we lock them afterwards!

## ...PARTY AND ACCOMMODATION:

Dinner will be served at the party up to two hours after the competition has finished.

For those staying in the gym, please remember to bring a sleeping bag and a camping mat. Also we kindly ask you to keep the hall clean and tidy, remove shoes when inside, don't use any equipment of the hall like gymnastic mats and don't consume beverages and food in the gym.

*During breakfast on Saturday all lost property will be laid out on a table (for valuables ask us directly) including property from the last Sprintnacht. Please take a look before you leave and check if you have all your stuff.*

The sleeping hall has to be left by Saturday 10:30 am.

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# 18<sup>TH</sup> FRIDERICIANA SPRINTNACHT

- Date: Friday, 06. December 2019
- Location: KIT Swimming Hall  
Engler-Bunte-Ring 15  
76131 Karlsruhe  
Institute of Sports (bldg. 40.40)  
*For directions see below*
- Host: KIT Sport
- Organizer: Swimming Department
- Participation: All current members of a University can participate in the competition, with a **minimum age of 18** years.
- Fees:
- Registration and starting fee: 8€ per swimmer
  - Fine for not starting: 5€ per start
  - Relays: 4€ per relay

## ONLY REGISTERED SWIMMERS CAN PARTICIPATE IN RELAYS

- Accommodation and breakfast: 8€ per participant
- All fees have to be paid to the account below by the Deadline.

- Timetable: Fri., 06/12/19
- Warm up: from 16:00
  - Begin of the competition 17:00
  - End of the competition: ca. 23:00
  - Afterwards: dinner + party
- Sat., 07/12/19
- Breakfast from ca. 8:00
  - Please leave gym by 10:30

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- Swimming hall:
- Length: 25m
  - Temperature: 27 °C
  - Manual time measurement
  - Wave breaking lane ropes

- Competitions:
- The competitions for 50m butterfly and breaststroke will be mixed. But the results will be separated by gender.

- Table of competitions:

WK 1:	Preliminaries 50m backstroke women
WK 2:	Preliminaries 50m backstroke men
WK 3:	Preliminaries 50m freestyle women
WK 4:	Preliminaries 50m freestyle men
WK 5:	Preliminaries 100m medley women
WK 6:	Preliminaries 100m medley men
WK 7:	50m butterfly Mixed
WK 8:	Quarterfinals 50m backstroke women
WK 9:	Quarterfinals 50m backstroke men
WK 10:	Quarterfinals 50m freestyle women
WK 11:	Quarterfinals 50m freestyle men
WK 12:	4 x 50m medley Mixed relay
WK 13:	50m breaststroke Mixed
WK 14:	Semi-finals 50m backstroke women
WK 15:	Semi-finals 50m backstroke men
WK 16:	Semi-finals 50m freestyle women
WK 17:	Semi-finals 50m freestyle men
WK 18:	6 x 50m freestyle Mixed relay
WK 19:	Final 100m medley women
WK 20:	Final 100m medley men
WK 21:	Final 50m backstroke women
WK 22:	Final 50m backstroke men
WK 23:	Final 50m freestyle women
WK 24:	Final 50m freestyle men

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## General regulations:

- The competitions will be held according to the One Start Rule.
- The Olympic BL 8 rules for swimwear are applied.

## Accommodation:

- Gym on KIT South campus (don't forget your sleeping bag and camping mat!)

## Award ceremony:

- There are awards for the top 3 placed swimmers from the sprint competitions. They will be held directly after the finals.

## Registration:

- Deadline is Monday the 25/11/19
- Send the completed registration form to:
  - E-Mail: [schwimmen@sport.kit.edu](mailto:schwimmen@sport.kit.edu)

Registrations will only be valid after all fees are transferred to the following account by Mon., 25/11/19 at the latest:

Karlsruher Institut für Technologie (KIT)  
Campus Süd –Amtskasse-Deutsche Bundesbank  
Filiale Karlsruhe  
IBAN: DE 5766 0000 0000 6600 1508  
BIC / SWIFT: MARK DE F1660

Reference name(reason for transfer):  
XD02057204022 / Sprintnacht++Your University

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Note: The Hosts and organizers cannot be held responsible for any injury, damage, loss of persons or personal belongings during the event. The house, hall and swimming hall rules of the Institute of Sports of the KIT must be adhered to at all times.

Contact persons:

Marco Gast, Julia Brenner

Mail: [schwimmen@sport.kit.edu](mailto:schwimmen@sport.kit.edu)

Further info and news:

- <http://www.sprintnacht.de/>

WE ARE LOOKING FORWARD TO YOUR  
PARTICIPATION AND WISH YOU A SAFE  
ARRIVAL!



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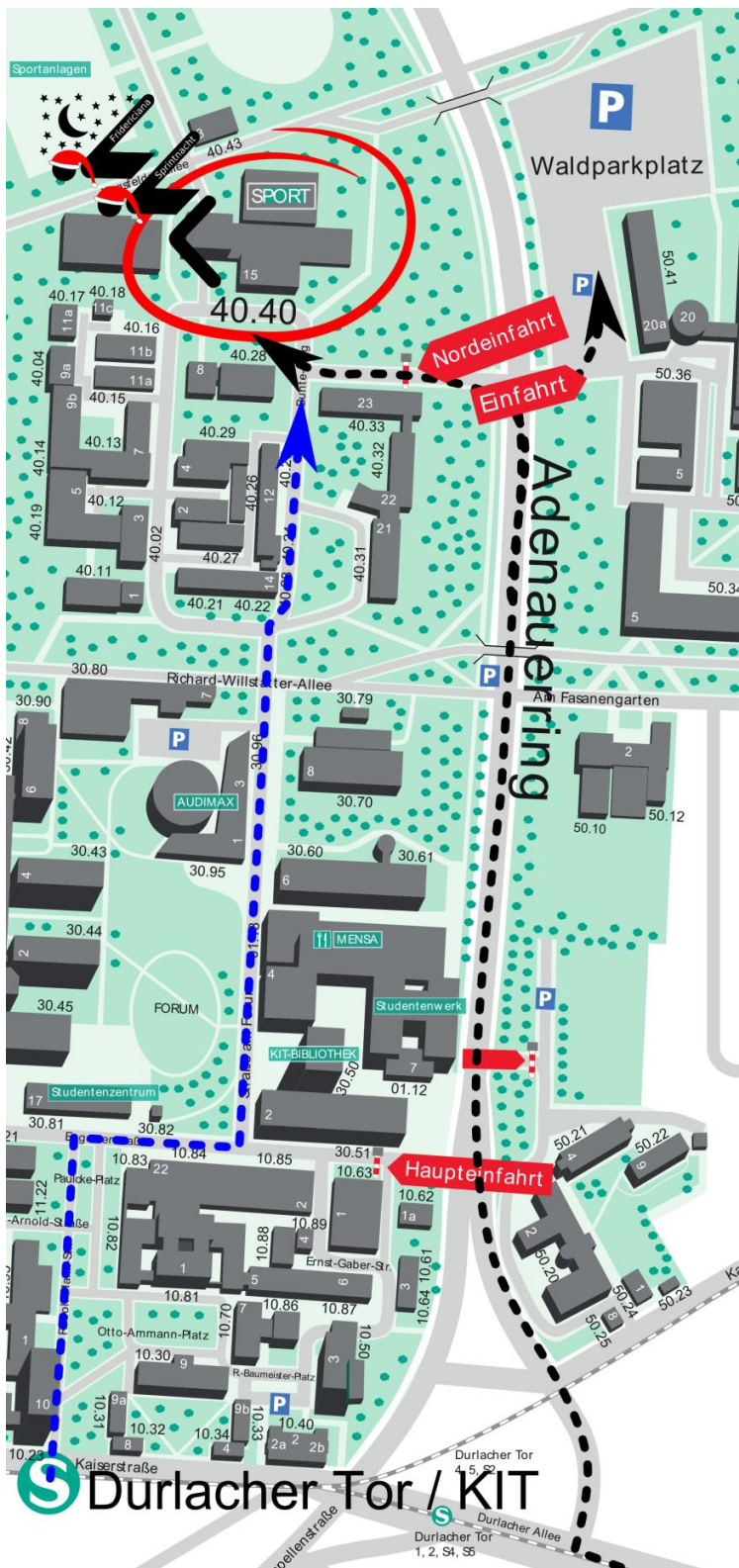



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# DIRECTIONS

The whole event takes place in the Institute for Sports on the 'Campus Süd' (south campus) of KIT, the accommodation will be in the same building:  
KIT-Campus Süd  
Engler-Bunte-Ring 15  
Building 40.40  
76131 Karlsruhe



Car   
◦A5 ◦Slip road Karlsruhe-Durlach towards Karlsruhe centre ◦follow the 'Durlacher Allee' towards the centre, up to 'Durlacher Tor' ◦turn right on 'Adenauerring' ◦go past the main entrance on the left and continue to the north entrance; note it is only open after 17:00. Additional parking can be found in 'Waldparkplatz' opposite the north entrance, shown on the map.

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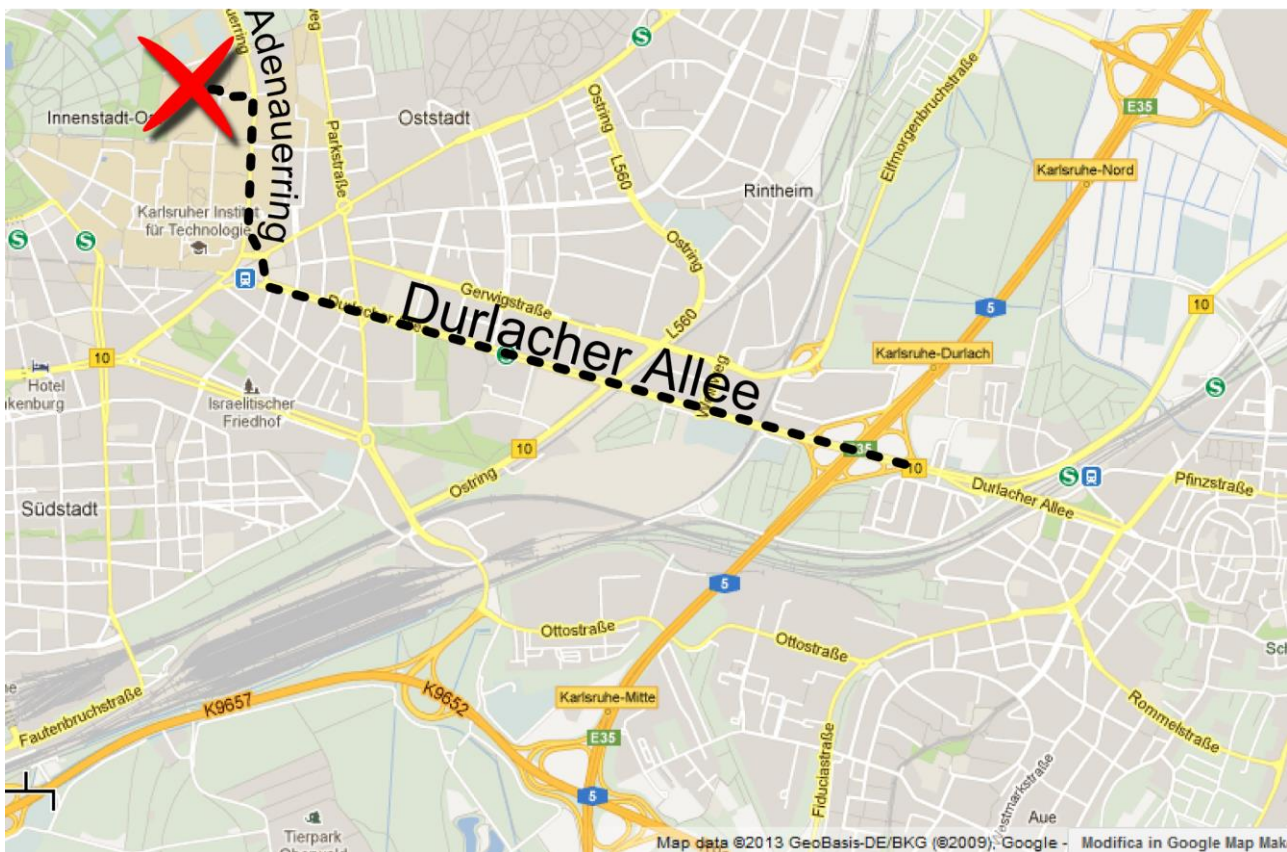
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Train (+ Foot  ) :

◦Karlsruhe main station ◦exit at north(/main-)entrance ◦Tram 4, S4 or S41 eastward (trams travelling to the right when you exit the building) ◦exit the tram at „KIT / Durlacher Tor“ (about 10-15 min) ◦Pass our fabulous ‚entrance‘ to the campus (marked with 3 big steel beams) ◦Walk according to the plan above (about. 5 min).

Important! Karlsruhe is undergoing heavy construction for a new tram system. This means many routes could be blocked.

It would be best for you to check the website of the KVV (public transport service of Karlsruhe) before your departure for changes in route and timetable and/or contact us!



Links:

[Map of the Campus](#)

[www.kvv.de](http://www.kvv.de) (lokal traffic)

