Colloquium: Ambulatory Assessment to investigate physical activity and mood

June, the 19th, 09:30 – 13:15
Karlsruhe Institute of Technology (KIT)
Adenauerring 20a, 76131 Karlsruhe
Building 50.41, Room 145 and 146

Birte von Haaren-Mack (University of Cologne, Germany)
Effects of aerobic exercise training on psychophysiological stress reactivity to real-life stressors

Markus Reichert (KIT, Germany)
Novel approaches for investigating physical activity’s psychological and neurobiological correlates: Combining Interactive Ambulatory Assessment and functional Magnetic Resonance Imaging

Elena Koch (KIT, Germany)
Mobile-Health intervention: Integrating video clips and automated real-time feedback in Ambulatory Assessment

Genevieve Dunton (University of Southern California, USA)
Ecological Momentary Assessment in Physical Activity Research: Examining Synchronicity, Sequentiality, and Instability

Martina Kanning (University of Konstanz, Germany)
How can we measure environmental effects on affective states and physical activity in everyday life?

Jutta Mata (University of Mannheim, Germany)
Healthy, happy, and beyond: The role of health behaviors for affect and other indicators of well-being